

# FORMING YOUR FUTURE WITH HEALTHY HABITS

Pastors Vicki & Tyler Braucht June 9, 2019

Successful people do \_\_\_\_\_ what others do \_\_\_\_\_.

[Romans 7:15, 19, 24-25 NLT](#)

## 3 Reasons Why We Don't Succeed

1. We focus on the \_\_\_\_\_, but we don't understand the \_\_\_\_\_.

- We don't rise to the level of our goals; we fall to the level of our systems.

2. We don't see progress \_\_\_\_\_ enough.

Wrong Conclusion: Small \_\_\_\_\_ decisions don't matter.

Wrong Conclusion: Small \_\_\_\_\_ decisions don't matter.

Our life is the sum total of all the \_\_\_\_\_ decisions we make.

It's the things no one \_\_\_\_\_ that bring results everyone \_\_\_\_\_.

[Galatians 6:9](#)

*Let us not become weary in doing good...*

3. Our distorted \_\_\_\_\_ sabotages our success.

- An unhealthy identity creates unhealthy habits; unhealthy habits reinforces an unhealthy identity.

[BACK TO TOP](#)

Reach ❖ Restore ❖ Renew

### **Romans 6:6-7 NLT**

*We know that our old, sinful selves were crucified with Christ so that sin might lose its power in our lives. We're no longer slaves to sin. For when we died with Christ, we were set free from the power of sin...*

### **Romans 6:18 NLT**

*18 Now, you are free from your slavery to sin, and you have become slaves to righteous living.*

- A healthy identity creates healthy habits; healthy habits reinforces a healthy identity.

**[BACK TO TOP](#)**

Reach ❖ Restore ❖ Renew

### [Romans 7:15, 19, 24-25 NLT](#)

**15** I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate.

**19** I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.

**24** Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? **25** Thank God! The answer is in Jesus Christ our Lord. So you see how it is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin.

### [Galatians 6:9 NIV](#)

9 Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

### [Romans 6:6-7 NLT](#)

6 We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. 7 For when we died with Christ we were set free from the power of sin.

### [Romans 6:18 NLT](#)

*18 Now you are free from your slavery to sin, and you have become slaves to righteous living.*

[BACK TO TOP](#)